

The Pressure Cooker Cookbook

Catherine Phipps

The Pressure Cooker Recipe Book Suzanne Gibbs, 2009 Consummate home cook and magazine editor Suzanne Gibbs shows us how to use a pressure cooker to create slow-cooked flavour in a fast-paced world. Pressure cookers allow us to cook quickly, cheaply and efficiently. The food is cooked in liquid at high temperatures, which shortens cooking time by up to 70 per cent. Because the method seals in flavour and nutrition, cheaper ingredients can be used to great effect. Here Suzanne selects more than 80 of her favourite pressure-cooker recipes, and describes the process from beginning to end. Learn how to cook an osso bucco in 25 minutes, a chicken tagine in 15 minutes and a delicious bread and butter pudding in 20 minutes. Packed with information on practicalities, such as choosing, using and cleaning your cooker, and fully illustrated with beautiful photography. *The Pressure Cooker Recipe Book* is a must-have guide for anyone balancing the constraints of time and money with a desire to create delicious healthy meals for themselves, their friends and their families.

The Pressure Cooker Cookbook Catherine Phipps, 2012-09-20 By cooking food at temperatures that are far higher than conventional ovens pressure cookers drastically reduce cooking times enabling us to cook in a cheaper, healthier and greener way. Pasta and rice can be made from scratch in less than 10 minutes; thrifty cooks can tenderise flavoursome cheap cuts in just 20 minutes and pulses can be cooked without having to soak them. As a busy working mother, Guardian writer Catherine Phipps is wholly reliant on her pressure cooker to produce quick and easy one-pot meals for her family. Her authoritative guide is aimed at those who are new to pressure cookers as well as established fans. Alongside recipes ranging from pot-roast chicken and seafood risotto to Boston baked beans, pulled pork sandwiches and Scotch eggs, and even cheesecake and chocolate pots, Catherine offers handy tips on how to adapt conventional recipes for the pressure cooker, safety ideas and a guide to using certain ingredients. With colour photography throughout, this is an indispensable partner for every pressure cooker owner.

Modern Pressure Cooking Catherine Phipps, 2022-03-31 'Who better as a guide to using them, whether stovetop or electric models, than the Queen of pressure cooking... Catherine Phipps. As someone who is in the wasteful habit of using mine just for pulses and stock, I'm inordinately grateful to her.' - Nigella Lawson 'Don't be put off using a pressure cooker: buy this book and learn the way to a quicker, healthy, taste-capturing way of cooking. Catherine takes away any doubts and will open your eyes to the way of the pressure cooker. Well, it certainly worked for me.' - Dave Myers, *The Hairy Bikers* 'The

Pressure Cooker Bible from the Pressure Cooker Queen... Wonderful!!!' - Si King, The Hairy Bikers With over 200 recipes, Modern Pressure Cooking is the essential pressure cooker cookbook. Author Catherine Phipps gently guides readers through everything they need to know about cooking in a stovetop or electric pressure cooker, with foolproof, step-by-step instructions. Shakshouka with Feta, All in One Macaroni Cheese, Crispy Aromatic Duck, Squid and Chorizo with Black Rice - all the recipes included are delicious and will go down well with hungry friends and family. Pressure cooking is a wonder cooking method: you can make meals in minutes (on average, a third or less of the time of other cooking methods - risotto takes 7 minutes!), it's energy-efficient and food cooked in a pressure cooker retains more nutrients and more flavour. Cooking this way makes life easier!

The Pressure Cooker Cookbook Gina Steer,2018-02-09 Pressure cooking is fast and furious, allowing you to cook various elements of your meal at the same time. It is a quick and easy method with no end to the great dishes that can be created literally in a matter of minutes. With 100 quick and original recipes, The Pressure Cooker Cookbook demonstrates the diverse range of dishes that can be produced. Some are based on good old-fashioned steam-cooked favorites, while others take advantage of the versatility of pressure cooking. With recipes for speedy lunches and elaborate evening meals, this cookbook is an essential accompaniment to your pressure cooker.

The Pressure Cooker Cookbook Laura Washburn Hutton,2023-02-28 Create delicious slow-cooked flavours with affordable ingredients using minimal energy with over 50 pressure cooker recipes. Pressure cookers enable the preparation of delicious meals cheaply, quickly and efficiently because the food is cooked in liquid at temperatures far higher than in a conventional saucepan, shortening cooking time by up to 70 per cent. After years in the culinary doldrums, the popularity of brands such as Instant Pot, has propelled all types of pressure-cooking gadgets back into favour and fashion. John Lewis says that purchases of pressure cookers have risen by 110 per cent, and their popularity is only set to continue with the current rises in energy prices and food costs. The pressure-cooking method is brilliant at sealing in flavour, so cheaper ingredients can be used to great effect and since the cooking time is shorter you save on energy too, making it one of the most eco-friendly cooking methods available. Time savings are impressive - braising beef takes just 30 minutes, a chicken casserole can be ready in 15 minutes. Pulses and grains cook in a fraction of the time, so it's great news for veggies too. A John Lewis spokesman said: 'The cooking method often used by our parents and grandparents to tenderise cheaper cuts of meat is once again popular as thrifty, time-poor cooks rediscover the time and fuel-saving benefits of these marvellous machines' (Daily Mail October 2022). Choose from over 50 recipes covering all tastes and occasions including Soups & Stocks, hearty Meat dishes, lighter Poultry & Seafood dishes, Vegetarian Dishes and Desserts.

Quick and Easy Electric Pressure Cooker Cookbook Barbara Schieving,2023-01-10 Make delicious meals in a fraction of the usual time using your electric pressure cooker, with clever shortcuts and 100+ family-friendly recipes from noted blogger

Barbara Schieving (of PressureCookingToday.com). The Quick and Easy Electric Pressure Cooker Cookbook, adapted from Barbara's best-selling Electric Pressure Cooker Cookbook, is the ultimate quick-and-easy resource for getting the most from your electric pressure cooker, no matter what brand you own. The recipes are big on flavor, imaginative in their variety, and easy to make, featuring fresh, natural, and nutritious ingredients. If you're a busy parent or can't find time to make dinners after work, then you will love the Shortcut Dinners and 30-Minute Meals sections. With the terrific weeknight meals on the fly, you'll also adore the Sunday Suppers perfect for special weekend gatherings. Find recipes for every taste and diet: Robust meat and chicken dishes Vegetarian mains and sides Healthy breakfasts Tasty sandwiches, wraps, and tacos Soothing soups and stews If you are a new pressure cooker user who needs quick-and-easy recipes with this time-saving device, you will return to this cookbook again and again!

So Fast, So Easy Pressure Cooker Cookbook Beth Hensperger, Julie Kaufmann, 2015-12-15 The only pressure cooker cookbook—for electric and stovetop pressure cookers—you'll ever need! What's not to love about the pressure cooker? Using pressure created by super-heated steam, the pressure cooker can cut cook times by 70 percent, meaning dinner is on the table faster, and with significantly less energy use. Your dinner will be more nutrient-rich because vitamins and other good things won't be lost in evaporating steam. And it will taste delicious and succulent because none of the food's moisture has been allowed to escape. Finally, today's modern pressure cooker has been re-engineered for safety and ease of use, including the development of the electric pressure cooker. Because no moisture evaporates during cooking, conventional stovetop recipes do not work in the pressure cooker. For success, the pressure cooker requires different food to liquid ratios and because of that superheated pressure, cook times are very precise. With this comprehensive guide, the busy cook can use fresh ingredients to create more than 700 tasty recipes developed for and scrupulously tested and retested for the pressure cooker. • Chapters on Poultry, Pork, Beef & Veal, Lamb & Game, and Seafood include Zinfandel-braised short ribs that cook in just 30 minutes, herb-stuffed whole turkey breast and braised lamb shanks ready in 25 minutes, and baby back ribs that pressure-cook in just 15 minutes. • Individual chapters on grains, beans, rice dishes (including risotto and breakfast rice), potatoes, chili, and tomato sauces (with and without meat), as well as on soups, vegetables, desserts, making your own baby food, and much more. • An introductory chapter explains the ins and outs of the pressure cooker, with valuable tips and advice. The authors also include recipes for lots of basics, such as how to cook different types of rice and varieties of dried beans.

Instant Pot® Obsession Janet A. Zimmerman, 2017-03-07 Everyday cooking made simple and delicious—Instant Pot® cookbook recipes you'll love! Are you ready to add some creativity to your pressure cooker? The Instant Pot® Obsession is the ultimate Instant Pot® cookbook that shows you how to turn your one-pot meals into full-course feasts. Featuring 120 easy recipes for every occasion, this Instant Pot® cookbook helps you understand every feature of your pressure cooker, as

well as nutritional info and time charts to keep your cooking stress-free. This essential Instant Pot® cookbook also provides tasty variations on your go-to staples to help keep your one-pot meals unique and utterly delicious. Find inspiration and more in the Instant Pot® cookbook, including: One pot fits all—Enjoy 120 incredible Instant Pot® recipes ranging from French toast cups, chicken cacciatore, crème brûlée, and more in less than an hour. Instant Pot® insider—Discover the ins and outs of your pressure cooker using FAQs on everything from pantry essentials to power-user tips. Dynamic dining—Rejuvenate your tried-and-true recipes with mouthwatering variations for one-of-a-kind, one-pot meals. With this Instant Pot® cookbook, you can create countless tasty meals with imagination.

So Fast, So Easy Pressure Cooker Cookbook Beth Hensperger, Julie Kaufmann, 2015-12-15 What's not to love about the pressure cooker? Using pressure created by super-heated steam, the pressure cooker can cut cook times by 70 percent, meaning dinner is on the table faster, and with significantly less energy use. Your dinner will be more nutrient-rich because vitamins and other good things won't be lost in evaporating steam. And it will taste delicious and succulent because none of the food's moisture has been allowed to escape. Finally, today's modern pressure cooker has been re-engineered for safety and ease of use, including the development of the electric pressure cooker.

The 5-Ingredient Electric Pressure Cooker Cookbook Grace Ramirez, 2018-06-19 Grace Ramirez is leading the way for young chefs who have embraced the age-old technique of pressure cooking with a new and energetic approach...Get ready to be inspired in the kitchen with style and Grace.—Bobby Flay, Food Network TV Host, Chef, Restaurateur, & Author The electric pressure cooker is a big help for making meals easier, but only if the recipes you make with it are just as easy. The 5-Ingredient Electric Pressure Cooker Cookbook enhances the convenience of your electric pressure cooker with hassle-free recipes that use only 5-ingredients or less. The 5-Ingredient Electric Pressure Cooker Cookbook eliminates exhaustive grocery lists and lengthy prep with recipes that use only a few main ingredients—most of which are readily found in any grocery store—to make over 100 family-friendly meals. From 2-Minute Buffalo Chicken Tenders to Edamame Fried Rice, this electric pressure cookbook serves your family with the easiest, everyday recipes for every brand of electric pressure cooker. No matter what your preferred appliance is (Power Pressure Cooker XL, Instant Pot, Cuisinart, Kuhn Rikon, and Presto), this electric pressure cooker cookbook makes meals easy and fast with: 5-Ingredient (or less) Recipes that use budget-friendly, grocery store staples to make shopping and cooking painless Quick prep and clean up for added everyday ease when you're tight on time A guide to electric pressure cooking that compares appliances based on your needs, and provides a troubleshooting Q&A plus handy time charts for cooking food to perfection Take the pressure off of making family meals with the super simple and time-saving recipes from The 5-Ingredient Electric Pressure Cooker Cookbook.

The pressure cooker cookbook Gina Steer, 2001

The Basic Basics Pressure Cooker Cookbook Marguerite Patten, 2010-08-22 Britain's top selling cookery writer shares

tried and tested recipes for pressure cookers. Slow-cooked flavor in a fast-paced world—pressure cookers are one of the greenest cooking methods imaginable. Sales are on the increase and even Jamie Oliver has launched one of his own. They allow us to cook quickly, cheaply, and efficiently because the food is cooked in liquid at temperatures far higher than in a conventional pan, which shortens cooking time by up to 70 percent. Because the method seals in flavor, cheaper ingredients can be used to great effect and since the cooking time is far shorter you save time and gas or electricity. The pressure cooker presents a distinct advantage for certain foods and for ingredients that need long cooking, it is a real winner. The most dramatic time and energy savings come with meat and poultry. Braised beef can be perfectly cooked in 30 minutes, osso bucco in 25 minutes, and a chicken tagine in 15 minutes. Perfect for today's cooks.

Electric Pressure Cooker Cookbook Vanessa Olsen,2020-06-04 Are you always too busy to cook healthy meals? Do you frequently have to resort to take-out or overdone recipes just because they're easy and fast? If so, pressure cooking is going to solve all your problems - and this book is the perfect place to begin! The pressure cooker has been around for centuries, but it wasn't until just recently that the electric pressure cooker revolutionized the way we cook. Pressure cooking will help you transform cheap, chewy cuts of meat into unbelievably tender masterpieces, and prepare grains, veggies, and fruit faster than ever before. Healthy pressure cooker recipes make getting all your nutrients fast, easy, and delicious, meaning that you'll never have to order in pizza after a long day at work ever again! This pressure cooker cookbook includes all of the important introductory information needed to feel comfortable and confident with an electric pressure cooker, even if it's your first time using one. In just the first few chapters, you'll learn everything there is to know about: The history of pressure cooking How to properly work an electric pressure cooker Safely preparing pressure cooker recipes Why electric pressure cookers are better than stove top ones How to choose an electric pressure cooker that's right for you And how to keep your pressure cooker in tip-top shape for years to come After learning the basics, you'll find 100 recipes, including breakfast, lunch, dinner, and even dessert. And for all you animal lovers, I've dedicated two whole chapters solely to vegetarian and vegan pressure cooking. Have a gluten allergy? Don't worry - there are plenty of gluten free recipes throughout the pages as well. To sum it up, here's a taste of what you can expect from this book: Classic grits French onion soup Apples & onions pork tenderloin Sweet potato jackfruit enchiladas Molten lava cake The information provided in this book is clear, concise, and detailed to ensure the best possible cooking experience and some truly amazing meals that the whole family will love.

The Pressure Cooker Cookbook ,2006

The Complete Electric Pressure Cooker Cookbook Kristen Greazel,2021-02-02 Take the pressure off of mealtime with 150 flavorful, fuss-free pressure cooker recipes An electric pressure cooker is one of the easiest and most convenient tools for cooking fast, delicious, and mess-free meals, even when your schedule is jam-packed. This all-in-one pressure cooker cookbook will teach you how to make the most of this versatile appliance and serve up mouthwatering recipes you can set,

forget, and savor in no time. Discover the fundamentals of electric pressure cooking, including the science behind it, how to use the functions and pressure release methods on your specific appliance, and some basic dos and don'ts. Find time-saving and troubleshooting tips for cooking healthy, wholesome meals faster and easier. Then, whip up a range of comfort food staples, international favorites, and meatless mainstays everyone will love. This pressure cooker cookbook includes: An easy-to-master manual—Get a thorough rundown of using any brand of electric pressure cooker, including cooking time charts for various foods. No-mess, no-stress recipes—Make cooking a breeze with 150 tasty and easy-to-adapt recipes for one-pot meals, 30-minute dishes, dairy- and gluten-free options, and more. Next-level guidance—Maximize your pressure-cooking skills with advice on more advanced features like sous-vide and canning. Unlock the full potential of countertop cooking with this electric pressure cooker cookbook.

Electric Pressure Cooker Cookbook Katya Johansson,2016-05-09 The #1 Recipe Book For Electric Pressure Cooker Offering The Best 100 Electric Pressure Cooker Recipe! - Get It Now! Discover How To Make Stunning Pressure Cooker Recipes, That Will Blow You And Your Family/Friends Away! electric pressure cooker, pressure cooker recipes for electric pressure cookers, electric pressure cooker cookbook, electric pressure cooker recipes, electric pressure cooker for beginners, electric pressure cooker recipe book, electric pressure cooker recipes for beginners Tags: : Presusre Cooker, Pressure Cooker Recipes, Pressure Cooker Cookbook, Electric Pressure Cooker Cookbook, Instant Pot Pressure Cookbook, Slow Cooker, Crock Pot, Presusre Cooker, Pressure Cooker Recipes, Pressure Cooker Cookbook, Electric Pressure Cooker Cookbook, Instant Pot Pressure Cookbook, Slow Cooker, Crock Pot, Presusre Cooker, Pressure Cooker Recipes, Pressure Cooker Cookbook, Electric Pressure Cooker Cookbook, Instant Pot Pressure Cookbook, Slow Cooker, Crock Pot, Presusre Cooker, Pressure Cooker Recipes, Pressure Cooker Cookbook, Electric Pressure Cooker Cookbook, Instant Pot Pressure Cookbook, Slow Cooker, Crock Pot, Presusre Cooker, Pressure Cooker Recipes, Pressure Cooker Cookbook, Electric Pressure Cooker Cookbook, Instant Pot Pressure Cookbook, Slow Cooker, Crock Pot, Presusre Cooker, Pressure Cooker Recipes, Pressure Cooker Cookbook, Electric Pressure Cooker Cookbook, Instant Pot Pressure Cookbook, Slow Cooker, Crock Pot, Presusre Cooker, Pressure Cooker Recipes, Pressure Cooker Cookbook, Electric Pressure Cooker Cookbook, Instant Pot Pressure Cookbook, Slow Cooker, Crock Pot, Presusre Cooker, Pressure Cooker Recipes, Pressure Cooker Cookbook, Electric Pressure Cooker Cookbook, Instant Pot Pressure Cookbook, Slow Cooker, Crock Pot,

Cooking Under Pressure Joel Brothers,Larry Haber,2013-04-21 The Ultimate Electric Pressure Cooker Cookbook and Guide, Cooking Under Pressure Revised Edition 2017 (now with 300 electric pressure cooker recipes) and a Quick and Easy Dump recipe section, is the most complete electric pressure cooking book and guide ever published for Electric Pressure Cookers. The recipes can be converted for The Instant Pot Pressure Cooker and stove top conventional pressure cookers as well. A Wolfgang Puck Electric Pressure Cooker was used to develop over 200 recipes in this book. There is also an Instant Pot section with Instant Pot recipes and tips on how to convert recipes for Instant Pot use.These digital electric pressure

cookers are fast becoming a staple in more and more kitchens every day! Electric Pressure Cooking is easy, but there are a lot of tricks in this book you can use to make your food even better. None of them are very difficult, and they can really enhance both the flavor, and appearance of your culinary creations. Cooking Under Pressure is not just another collection of cute pressure cooker recipes. It is an entire instructional to owning and using your electric pressure cooker, with tips on getting the most out of your unit, safety, maintenance, and even some history. It goes far beyond the meager information provided in most Owners Manuals, Learn how easily you can create healthy and nutritious meals in less than half the time and how to convert your favorite recipes for pressure cooker use, This is THE Pressure Cooker Cookbook! Newly updated and now contains 250 Electric Pressure Cooker recipes for electric pressure cookers! If you have just bought an electric pressure cooker, or have one in your kitchen but you're not sure how to use it, this book is a MUST HAVE! If you thought pressure cookers were kind of old fashioned and out of date, you need to look again, especially at the newer self contained plug-in models, which can cook your food for you in a fraction of the normal time (without compromising on nutritional content or taste). 90% of the potential of your pressure cooker is going to waste if you don't learn these imaginative and valuable tips and recipes. You will be producing sumptuous meals and treats for your family in a fraction of the time you would spend on conventional cooking methods! You will be amazed at how easy, time-saving and flavor-enhancing these methods are. This is the Owner's Manual your pressure cooker SHOULD have come with!

Electric Pressure Cooker Cookbook Lindsey Page, 2023-10-28 If you love cooking from home, you certainly have heard of electric pressure cooker. This type of cooking instrument has been around for several decades, but the new models come to the market vastly improved and with health and convenience in mind. When you make your foods in an electric pressure cooker, they retain more of their nutrients than when you prepare them in other ways. Using a pressure cooker can reduce your cooking time by a whopping 70%. There's no need to spend hours in the kitchen, standing over multiple pots and pans. This book will make easy for you to prepare delicious and healthy foods using an electric pressure cooker. By reading this book, you'll learn: • Tips for electric pressure cooking • 65 Easy-to-follow pressure cooker recipes for breakfast, poultry, meats, seafood, vegetables, soups, snacks, and dessert Order the Electric Pressure Cooker Cookbook now!

The Pressure Cooker Cookbook Revised Toulia Patsalis, 2006-01-03 This greatly expanded and revised edition of The Pressure Cooker Cookbook confirms the versatility and ease of using modern pressure cookers to prepare quick, healthy, and flavorful dishes. From appetizers, soups and cooked salads to stews, roasts, side dishes, and desserts, Toulia Patsalis offers more than 250 easy-to-prepare recipes for today's on-the-go lifestyle.

The Pressure Cooker Cookbook Kate Rowinski, 2016-01-05 Bring the pressure cooker back into the kitchen and learn to make delicious, nutritious family meals in half the time! No longer is the pressure cooker a relic of your grandmother's kitchen. Today, this powerful pot has become one of the most essential cooking tools in America. In this hectic, fast-paced

life, with many hungry mouths to feed, a fridge of hodgepodge ingredients, and too many rules on how to cook one's food, the pressure cooker emerges as the answer to all unnecessary problems. With her expertise on practical living, Kate Rowinski puts together an indispensable cookbook with an introduction to the fundamentals of pressure cooking—the best equipment, how to use your tools, safety practices, and cooking time charts for different ingredients—followed by more than eighty recipes that feature the pressure cooker for breakfast, lunch, dinner, and even all-day snacks. Learn to cook beloved meals in one-third to one-half the normal cooking time, such as: • Southern-style grits and eggplant-amole • Mini meatballs and risotto cakes • “Beer-b-que” pork and the perfect pot roast • Pineapple bread pudding • And much more! Reduce cooking time, retain more nutrients, maximize flavors, and minimize your electricity bill with your pressure cooker, the “shortcut” and convenient one-pot method that will solve all your kitchen headaches. Who knew cooking could relieve so much pressure? Skyhorse Publishing, along with our Good Books and Arcade imprints, is proud to publish a broad range of cookbooks, including books on juicing, grilling, baking, frying, home brewing and winemaking, slow cookers, and cast iron cooking. We've been successful with books on gluten-free cooking, vegetarian and vegan cooking, paleo, raw foods, and more. Our list includes French cooking, Swedish cooking, Austrian and German cooking, Cajun cooking, as well as books on jerky, canning and preserving, peanut butter, meatballs, oil and vinegar, bone broth, and more. While not every title we publish becomes a New York Times bestseller or a national bestseller, we are committed to books on subjects that are sometimes overlooked and to authors whose work might not otherwise find a home.

Immerse yourself in heartwarming tales of love and emotion with Explore Love with its touching creation, **The Pressure Cooker Cookbook**. This emotionally charged ebook, available for download in a PDF format (PDF Size: *), is a celebration of love in all its forms. Download now and let the warmth of these stories envelop your heart.

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